NSW Resources Regulator

GUIDE

Airborne contaminants principal hazard management plan

Guidance for the NSW mining and petroleum industries



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1. Introduction

Airborne contaminant means a contaminant in the form of a fume, mist, gas, vapour or dust and includes microorganisms. An airborne contaminant of this type is a potentially harmful substance that is either not naturally in the air, or is present in an unnaturally high concentration, and to which workers may be exposed in their working environment¹.

The most common airborne contaminants are dusts that can be generated through mining activities such as extraction, drilling, crushing, hauling and stockpiling of coal and other rock containing minerals. In coal mining, coal dust appears in both inhalable and respirable fractions. Crystalline silica dust can also occur at both an inhalable and respirable fraction at operations in all sectors.

Normally dust of the larger inhalable fraction is considered an irritant as it is deposited in the upper respiratory tract. At the smaller respirable fraction (< 5 microns diameter), these dust contaminants can represent a serious health risk to those exposed.

The smaller sized particles can penetrate the lower regions of the lung where gas exchange takes place. Respirable dust such as coal and silica dusts can cause pneumoconiosis (in the case of coal) or silicosis (in the case of crystalline silica). Both conditions are disabling and can lead to early death.²

Other airborne contaminants such as diesel emissions and welding fumes are other issues found in mining.

A principal hazard management plan (PHMP) is an important tool for establishing a systematic way to manage the risk of airborne contaminants as part of the overall safety management system for the mine.

1.1. What is an airborne contaminants principal hazard management plan?

A principal hazard management plan (PHMP) forms part of the safety management system (SMS) for a mine. Airborne contaminants are identified as a principal hazard in Schedule 1 of the Work Health and Safety (Mines and Petroleum Sites) Regulation 2014 (WHSMPS Regulation). The PHMP is a document that sets out how the mine operator will manage risks associated with airborne contaminants at the mine.

The National Institute of Occupational Safety and Health (NIOSH) Respirable dust. www.cdc.gov/niosh/mining/topics/RespirableDust.html



¹ Workplace Exposure Standards for Airborne Contaminants. – SafeWork Australia – 2018 (WESFAC)

⁽www.safeworkaustralia.gov.au/doc/workplace-exposure-standards-airborne-contaminants)
² The National Institute of Occurational Oct

WHSMPS Regulation

CI 24 Preparation of principal hazard management plan

The operator of a mine or petroleum site must prepare a principal hazard management plan for each principal hazard associated with mining operations or petroleum operations at the mine or petroleum site in accordance with this clause and Schedule 1.

•••

Schedule 1 Part 2

5 Air quality or dust or other airborne contaminants

The following matters must be considered in developing the control measures to manage the risks of air quality or dust or other airborne contaminants:

(a) the types of dust and other chemical and biological contaminants likely to be in the air from both natural sources, including naturally occurring asbestos, and introduced sources,

- (b) the levels of oxygen, dust and other contaminants in the natural or supplied air of a mine,
- (c) the temperature and humidity of the air,³
- (d) the length of exposure, having regard to extended shifts and reduced recovery periods.

1.2. Who has duties in relation to the PHMP?

Under the *Work Health and Safety Act 2011* (WHS Act), a person conducting a business or undertaking has the primary duty to ensure, so far as is reasonably practicable, workers and other people are not exposed to health and safety risks arising from the business or undertaking. This duty includes eliminating exposure to airborne dusts, so far as is reasonably practicable, for example, better engineering solutions that eliminate airborne dust.

The operator of a mine must prepare a PHMP if airborne dust contaminants are a risk at the mine.

1.3. What needs to be included in the PHMP?

The PHMP must set out how the mine operator will manage the risks associated with airborne contaminants at the site. In so doing, it should provide for compliance with any requirements of the WHS laws that relate to airborne contaminants.

The matters that must be addressed in the PHMP are set out in Schedule 1 of the WHSMPS Regulation. The plan must include the following:

- → types of dust and contaminants in the air
- → workers' shift length
- \rightarrow personal airborne dust monitoring (baseline data and ongoing monitoring as necessary)
- \rightarrow control and suppression of dust and other airborne contaminants
- \rightarrow periodic review and revision
- \rightarrow auditing and program review.

³ Temperature and humidity will not be covered specifically in this document. There are occupational exposure standards for temperature and humidity.



The operator needs to produce the PHMP in the context of the safety management system (SMS) so that it relates to other PHMPs and principal control plans (PCPs), or processes and procedures, that rely on the PHMP as a control. This helps to prevent gaps and identify overlaps in processes and information where it relates to air quality, or where air quality may impact on other PHMPs and PCPs.

The PHMP must include the risk assessment for air quality. This provides the framework for initial and ongoing assessment of workers' exposure to airborne contaminants.

Further information on what to consider for inclusion in the PHMP is at Appendix 8.3.

1.3.1. MONITORING

Schedule 2, 1(c) WHSMPS Regulation, requires health control plans to include "monitoring of the existence of the health hazards associated with mining operations..."

Schedule 2, 1(c) WHSMPS Regulation also goes on to require monitoring of "..the exposure of workers to those hazards".

1.3.2. STATIC DUST SAMPLING OR MONITORING (see Appendix 8.4 Types of sampling)

Involves sampling units being strategically placed around the workplace, particularly in areas of concern (high dust). This method of sampling or monitoring can be:

- ightarrow useful in determining levels in less frequented areas where dust may be of concern
- \rightarrow used to assess effectiveness of introduced controls.

1.3.3. PERSONAL EXPOSURE SAMPLING OR MONITORING

Personal airborne dust monitoring measures the level of airborne dust exposure on a particular working day (either respirable dust or inhalable dust). It involves workers being fitted with sampling equipment and monitored while they carry out their usual duties.

The sampling takes place over a full shift, or a representative sample thereof, and can determine the levels of exposure to both inhalable and respirable dust in their breathing zone (within 30cm). As exposure standards are based on an eight-hour shift, adjustments for extended working hours will be required.

Personal exposure monitoring provides information to assist in determining whether workers are being exposed to harmful levels or if the measures in place to control exposure to that hazard are working effectively. This provides useful information in terms of assessing exposure levels associated with particular jobs on site.

Monitoring does not replace the need for implementing controls that reduce airborne dust exposure in the workplace or other measures designed to reduce risk.

A prescribed exposure standard represents the airborne concentration of a particular substance or mixture that must not be exceeded.

To find out if a substance has a prescribed exposure standard, you can go to the workplace exposure standards (exposure limit) for airborne contaminants document on the <u>Safe Work Australia website</u>. This document provides a list of exposure standards.



Under clause 50 of the Work Health and Safety Regulation 2017 (WHS Regulation), a PCBU at a workplace must ensure that air monitoring is carried out to determine the airborne concentration of a substance or mixture in the workplace to which an exposure standard applies if:

- (a) the person is not certain on reasonable grounds whether or not the airborne concentration of the substance or mixture at the workplace exceeds the relevant exposure standard, or
- (b) monitoring is necessary to determine whether there is a risk to health.

1.3.4. HEALTH MONITORING

Health monitoring is a way to check if the health of workers is being harmed from exposure to hazards while carrying out work, and aims to detect early signs of ill-health or disease.

Health monitoring is used to ensure that the controls in place are effective, and that airborne contaminants are not causing an adverse effect on the health of workers (WHS Reg, Division 6).

Health monitoring does not replace the need for control measures to minimise or prevent exposure.

A review of controls is needed if health monitoring indicates that the controls are not effective.

Under the WHS Regulation (cl 368) a PCBU must ensure that health monitoring is provided to a worker carrying out work for the business or undertaking if:

- (a) the worker is carrying out ongoing work at a workplace using, handling, generating or storing hazardous chemicals and there is a significant risk to the worker's health because of exposure to a hazardous chemical referred to in Schedule 14, Table 14.1, Column 2, or
- (b) the person identifies that because of ongoing work carried out by a worker using, handling, generating or storing hazardous chemicals there is a significant risk that the worker will be exposed to a hazardous chemical (other than a hazardous chemical referred to in Schedule 14, Table 14.1) and either:
 - (i) valid techniques are available to detect the effect on the worker's health, or
 - (ii) a valid way of determining biological exposure to the hazardous chemical is available and it is uncertain, on reasonable grounds, whether the exposure to the hazardous chemical has resulted in the biological exposure standard being exceeded.

Health monitoring must be carried out, or supervised by, a registered health practicioner who has sufficient knowledge, skills and experience in the appropriate techniques and procedures, including interpretation of result (WHS Regulation cl 371).

Safe Work Australia (SWA) has a range of guidance materials in relation to health monitoring, which can be found on the SWA website (<u>www.safeworkaustralia.gov.au</u>).



1.3.5. COMMON AIRBORNE CONTAMINANTS AND THEIR EFFECTS

The table below shows common airborne contaminants and their effects. It is provided to assist operators with assessing risks arising from air quality. The list is not exhaustive.

Exposure can be categorised into two types:

- → acute exposure is short-term exposure to a hazard that affects worker health. Acute health effects happen quickly, are usually identified easily and can be serious in nature.
- → chronic exposure is long-term exposure, usually over several years, which can cause serious long-term health effects.

Airborne contaminants	Health effects	Exposure
Asbestos	Health effects associated with asbestos exposure include respiratory diseases, such as asbestosis (lung fibrosis), lung cancer and mesothelioma (cancer of the mesothelium).	Chronic
	Asbestos can be found in building materials, pipe and boiler lagging. It might be in insulation materials, gaskets and friction materials including clutch and brake linings. Any activity that breaks up or disturbs geological material can also disturb and release naturally occurring asbestos if it is present. The WHS Regulation (Chapter 8) specify how to manage asbestos and associated risks.	
	PCBUs must make sure that exposure to airborne asbestos (including naturally occurring asbestos) is eliminated so far as is reasonably practicable. If it is not reasonably practicable, they must minimise exposure so far as is reasonably practicable.	
Blasting fumes	Exposure to the fumes in a blast plume is usually very brief – seconds to minutes. For most people, any health effects from exposure to a blast plume are short lived.	Acute
	Symptoms from high levels of exposure might include:	
	ightarrow eye, nose and throat irritation and coughing	
	ightarrow dizziness and headache	
	\rightarrow shortness of breath	
	\rightarrow wheezing or exacerbation of asthma.	
	Serious lung inflammation has been known to develop several hours after exposure to very high levels of nitrogen dioxide.	
Coal dust	Inhalation of respirable coal dust can lead to serious respiratory disease including coal mine workers' pneumoconiosis and progressive fibrosis. These diseases can take many years to develop, but in the shorter term a reduction in lung function can also occur due to chronic obstructive pulmonary disease (COPD).	Chronic
Diesel exhaust emissions	Short-term acute symptoms include headaches, dizziness, light- headedness, nausea, coughing, difficult or laboured breathing, tightness	Acute



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Airborne contaminants	Health effects	Exposure
	of chest and irritation of the eyes,nose and throat. Long-term exposures can lead to chronic, more serious health problems such as cardiovascular disease, cardiopulmonary disease, and lung cancer. Diesel exhaust emissions have been classified as a human carcinogen.	Chronic
Gases	Contaminant gases can present an acute or chronic health risk, or both. Acute health effects can include irritation and asphyxiation. Irritation can be mild to severe (e.g. mild irritation of the eyes, nose and throat, to severe damage to the lungs).	Acute
	Asphyxiation can occur either by the displacement of oxygen from the air (called simple asphyxiants such as carbon dioxide and nitrogen), or by interference with the body's ability to transport oxygen (called chemical asphyxiants, such as carbon monoxide and hydrogen cyanide).	
	Chronic health effects from exposure to gases and vapours can include target organ effects (e.g. cardiac and central nervous system effects).	
	Due to the radioactive properties of radon gas, it can have long term health effects on people after exposure. They release alpha radiation, or alpha particles, into the atmosphere. When radon daughters are inhaled, they can damage the lungs, and lead to lung cancer.	
Legionella	Inhalation of mists containing the bacteria can cause Legionnaires disease, a potentially fatal respiratory disease, or the less severe Pontiac fever. In mining, the main risk areas for the growth of and exposure to Legionella bacteria are cooling towers or water treatment plants.	Acute
Man-made vitreous fibres (MMVFs)	Health effects from working with MMVFs include skin, eye and upper respiratory tract irritation. Ceramic fibres can possibly cause cancer however, glass fibre, rock wool and slag wool are not classified as carcinogenic to humans.	Acute Chronic
Metal dust	Different metals give rise to different health effects, but can include: lung disease, such as pneumoconiosis (e.g. siderosis from iron exposure); chronic obstructive pulmonary disease; occupational asthma; cancer; target organ toxic effects (e.g. on the liver or kidney); or adverse skin effects (e.g. allergic contact dermatitis from skin contact with nickel metal).	Chronic
Respirable crystalline silica (RCS)	 Short term acute symptoms include: → respiratory irritation, → shortness of breath, and → asthma like symptoms. 	Acute Chronic (could be as short as 5
	Prolonged exposure to respirable crystalline silica can can cause the serious and disabling respiratory disease, known as silicosis (a condition due to scarring of the lung).	years if high exposure)



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Airborne contaminants	Health effects	Exposure
	Exposure to RCS has also been linked to:	
	ightarrow chronic obstructive pulmonary disease (COPD), also known as chronic bronchitis or emphysema	
	\rightarrow lung cancer	
	\rightarrow kidney disease.	
	A health condition caused by exposure might have no symptoms at the outset. The acute symptoms listed above may indicate early signs of a more serious health issue. These symptoms worsen over time and can develop into a serious respiratory disease.	
Vapours and mists	Health effects of vapours vary depending on the substance. Organic solvents are associated with central nervous system effects, some of which can target specific organs.	Acute Chronic
	→ Mercury poisoning can result from both acute and chronic exposures. High mercury vapour concentrations can cause upper respiratory tract irritation and severe lung damage. At low vapour concentrations over a long time, neurological disturbances, memory problems, skin rash, and kidney abnormalities can occur.	
	→ Xanthates can liberate carbon disulphide, which is flammable and can cause peripheral and central nervous system effects, and inflammation of the optic nerve.	
	→ Di-isocyanates, such as TDI, MDI and HDI, are potent respiratory sensitisers causing occupational asthma and reduced lung function.	
	→ Some vapours and mists can also cause adverse skin reactions due to irritation, corrosion or allergy. Safety data sheets should be consulted for information on health risks.	
	Read product safety data sheets for information on health risks.	
Welding fumes	The health effects of welding fumes and gases depend on their composition. They can include metal fume fever (a short-term painful ailment with symptoms of fever and chills), chronic obstructive lung disease, pneumoconiosis (lung disease due to accumulation of mineral or metallic particles), occupational asthma, and irritation of the eyes and respiratory tract.	Acute Chronic
	Welding fumes have been classified as a human carcinogen.	



1.4. Interaction with other plans

All mining operations must have a documented SMS. A PHMP is an essential part of the SMS. The SMS must:

- \rightarrow develop, document, implement and maintain the SMS
- \rightarrow interact with other PHMP and PCPs
- \rightarrow make sure the SMS is easily understood and used by all workers
- \rightarrow engage with workers when preparing and reviewing the SMS.

Figure 1: Safety management system elements.



Record Keeping



1.5. Does the PHMP need to be documented?

The PHMP must be documented and expressed in a way that can be readily understood by the people who use it. This may require technical content for certain workers and non-technical content for others. Clause 24 of the WHSMPS Regulation provides for matters to be considered in the preparation of the PHMP.

PHMP documentation should be version controlled. The document may be kept in an electronic or paper form, or combination of both, however the most up to date version must be easily accessible to all workers.

In accordance with clause 103(3) of the WHSMPS Regulation, the PHMP, as with all PHMPs, must be readily accessible to all workers at the mine.

1.6. Exclusions

Explosive gases, such as methane, should be addressed through the fire and explosion principal hazard management plan.

2. Preparing the PHMP

Before writing the PHMP, the mine operator should consider how the PHMP is to be prepared, implemented and integrated with other plans. The operator must ensure the development and review of the PHMP be undertaken by, or under the supervision of, a competent person. The preparation and review must also involve consultation with relevant workers.

Before a PHMP is prepared, the mine operator should consider the matters below:

- → relevant information
- \rightarrow nature and complexity of operation
- → intended audience
- → identification of airborne contaminants
- \rightarrow existing plans or procedures and generic documentation
- \rightarrow any legacy monitoring data.

A PCBU must eliminate risks to health and safety, so far as reasonably practicable. There need to be systems in place to:

- \rightarrow identify hazards (appraise risks) at the mining operation
- \rightarrow assess the risks of injury or ill-health to workers from the hazards
- \rightarrow identify the controls required to manage that risk.

The risk appraisal might identify principal hazards. These are hazards that can create a risk of multiple fatalities in a single accident, or a series of recurring accidents, at the mining operation.

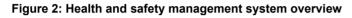
Unless hazards are identified and risks assessed properly, no amount of risk management will ensure a safe place and system of work. Unidentified hazards and risks can lead to serious consequences.

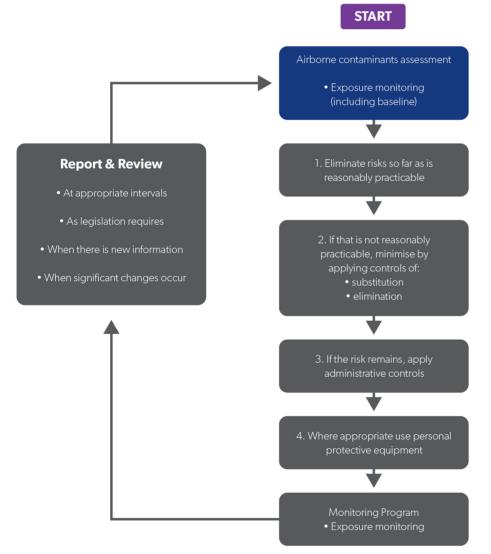


The operator must, as far as is reasonably practicable, consult with workers on matters that relate to work, health and safety that are or likely to be directly affected (section 47 WHS Act), which includes the preparation, review and ammendment of a PHMP. This requirement includes consultation with health and safety representatives and/or health and safety committees where applicable.

In the case of a coal mine, the site safety and health representative (SSHR) and the industry safety and health representative (ISHR) must be consulted.

General guidance on the duty to consult under the WHS Act can be found in the NSW Code of Practice: Work health and safety consultation, cooperation and coordination (SafeWork Australia) and for mines specifically the *NSW code of practice: Safety management systems in mines* (Resources Regulator - see the references section of this document for details).





The operator must ensure that the initial baseline data matches actual conditions once the mining or activities commence, and that no additional contaminants are present. This should be done by maintenance or campaign monitoring or benchmark studies of the operation.



Consideration should be given to the impact of weather conditions on air quality. Temperature, wind speed and direction, and air pressure can all affect the movement of air and contaminants.

If the initial risk appraisal identifies air quality as a hazard or principal hazard, operators need to carry out an air quality risk assessment.

3. Assessment sampling and monitoring

3.1. Identifying hazards

The PHMP must set out how the mine operator will manage the risks associated with airborne contaminants at the mine in accordance with clause 9 of the WHSMPS Regulation.

Operators need to ensure there are processes in place for the timely collection of appropriate information to identify risks arising from air quality at the mining operation. Involvement by a competent person, such as a suitably qualified occupational hygienist, when identifying risks arising from air quality is needed. Risk identification and assessment should also involve a team of workers with a range of expertise and experience, including health and safety representatives.

It should be noted that likely contaminants and their effects vary depending on the:

- \rightarrow size and type of operation
- → activities carried out
- \rightarrow controls in place.

Mine operations need to identify potential sources of dust and other airborne contaminants as early as possible, normally during the design and development process, as well as on an ongoing basis.

Mine operators should proactively identify sources of airborne contaminants and dust using:

- \rightarrow exploration drilling
- \rightarrow soil and rock sampling to determine the minerology
- \rightarrow information about mining methodologies and equipment used
- \rightarrow information about ore processing and equipment used.



The table below shows common mining activities and associated airborne contaminants. It is not an exhaustive list.

Mine activitiy or feature	Potential airborne contaminant
The excavation, processing or transportation of natural resources including sand, rock, coal and metals, including: → excavating → drilling → blasting → crushing or transporting broken up material → conveying → screening → storage (i.e. wind picking up dust) → load-out 	 These activities can also disturb and release: → respirable crystalline silica → naturally occuring asbestos → gases → dust → dust sulphides → heavy metals. These activities can also use hazardous chemicals: → diisocyanates (from roof bolting) → trichloroethylene and toluene are both inhalable and absorbed through the skin (from conveyor
→ sanding and/or sandblasting Blasting in shafts and on the surface	repairs) Explosive fumes containing hazardous gases including: → carbon monoxide → oxides of nitrogen, including nitric oxide and nitrogen dioxide → hydrogen sulphide → sulphur dioxide → ammonia. The amount of gases produced depends on: → the type of explosives used → confinement and age of explosives → contamination of explosives with water or drill cuttings.
Coal mining	Coal mining produces coal dust when coal is broken from a seam, and crushed, screened, conveyed, stored and transported. It contains a range of elements and their sulphides, the composition varies from seam to seam. In underground coal mining, continuous mining and roof bolting produce the largest amounts of coal dust. Workers can be exposed when drilling, cleaning dust collectors or operating continuous mining machines. Coal dust also accumulates at conveyor transfer or loading points.



Mine activitiy or feature	Potential airborne contaminant
Cooling towers, water treatment plants, water cart mist sprays, and dust suppressing sprays	Growth of, and exposure to, Legionella bacteria, thermal tolerant coliforms, E Coli, etc
Metal processing plants	Chemical extraction methods can produce a range of vapours, gas and dust depending on the process used and rock type, including:
	\rightarrow mercury
	\rightarrow nitric acid fumes
	\rightarrow inorganic lead concentrates
	\rightarrow arsenic
	→ reagents such as methyl isobutyl carbinol and xanthates, used in flotation
	→ hydrogen cyanide, from the accidental mixing of cyanide salts and acids.
	ightarrow corrosive materials such as hydrated lime.
	Sulphur dioxide can be generated from the use of sodium metabisulphite.
Natural gases	Methane
	 Methane occurs naturally in coal mines. Increases in coal extraction rates often result in increased methane emissions. Methane can make up 0% to 100% of coal seam gas, with lower proportions of other gases, including carbon dioxide and nitrogen. Methane is lighter than air, explosive at a range of concentrations (generally 5-15%) and displaces oxygen in the air. (Explosive atmospheres are dealt with through spontaneous combustion and fire and explosion PHMP).
	Hydrogen sulphide
	A colourless and tasteless gas with a powerful odour of rotten eggs at low concentrations. It occurs naturally in coal seams with high sulphur content. It also accumulates around stagnant water. It can be released as the coal is mined, when coal is heated and by the action of acid waters on easily decomposed sulphide ores. Gases can enter a working area:
	ightarrow during removal of overburden
	ightarrow when breaking into abandoned shafts
	 → when opening in-seam gas pockets → from historical workings.



Mine activitiy or feature	Potential airborne contaminant
	Radon
	A radioactive gas that can be released from rock, coal or water. Radioactive decay of radon produces fine solid particles called radon daughters.
	Reactions between groundwater and minerals in the rock can produce carbon dioxide, sulphur dioxide and hydrogen sulphide.
Other structures (e.g. buildings)	Man-made vitreous fibres (also known as synthetic mineral fibres or man-made mineral fibres), for example slag, rock and glass wool, refractory fibres and continuous filament glass fibres.
	Asbestos in building materials, pipe and boiler lagging.
	Ammonia from:
	→ reactions between alkaline whitewash and fire- retardant salts in timber
	ightarrow some types of cement-based cavity fillers
	\rightarrow ANFO and water.
	If synthetic materials (e.g. PVC belting or refrigerants) melt they can release chlorine, hydrogen chloride, hydrogen cyanide or phosgene.
Naturally occuring asbestos (NOA)	Asbestos is found as a naturally occurring mineral in many areas of NSW and may occur in veins within rock formations.
	Naturally occuring asbestos is generally found when building roads, working on constructions sites and undertaking excavation activities.
	Clauses 431-434 of the WHS Regulation provides that the person with management or control of the workplace must manage the risks associated with NOA at the workplace ⁴ .
	Any naturally occurring asbestos identified, or assumed to be present at a workplace, must be included in an asbestos management plan and readily available asbestos register. An asbestos management plan should be prepared by the person with management or control of the workplace.

⁴ www.safework.nsw.gov.au/health-and-safety/safety-topics-a-z/asbestos/naturally-occurringasbestos/naturally-occurring-asbestos-publications/naturally-occurring-asbestos-fact-sheet2



Mine activitiy or feature	Potential airborne contaminant
Oxygen deficient atmospheres	Oxygen-deficient atmospheres in underground mines can be caused by:
	 → emission of another gas (e.g. methane displacing oxygen)
	→ consumption of oxygen (e.g. oxidation of coal or organic material, metal rusting)
	→ oxidation of reactive sulphides, timber, or solution and evaporation in stagnant or flowing water.
Spontaneous combustion	Spontaneous combustion of coal produces gases such as methane, hydrogen, carbon monoxide and hydrogen sulphide. Other flammable gases that act as indicators of fire might be present in small amounts, such as ethane, ethylene and acetylene.
Underground mining operations	Contaminants or lack of fresh air from:
	\rightarrow poor or inadequate ventilation
	\rightarrow contaminated intake air.
Use and maintenance of	1. Diesel exhaust emissions including:
plant, including fixed and	\rightarrow carbon monoxide
mobile plant	 → oxides of nitrogen (nitric oxide and nitrogen dioxide)
	\rightarrow diesel particulate matter
	\rightarrow sulphur dioxide.
	Diesel exhaust emissions are particularly hazardous in places without enough ventilation to dilute them (e.g. in workshops or underground).
	Emissions can also accumulate in surface operations if there is not enough wind to disperse them (i.e. in the pit).
	2. Vapour from fuels, fuel additives and oils.
	3. Man-made vitreous fibres (also known as synthetic mineral fibres or man-made mineral fibres), for example, slag, rock and glass wool, refractory fibres and continuous filament glass fibres. These fibres are present in gaskets, tapes and packings.
	4. Asbestos might be in insulation materials, gaskets and friction materials including clutch and brake linings.
	5. Metal dust from the use of angle grinders.



Mine activitiy or feature	Potential airborne contaminant
Use and storage of substances	Vapours might be released from substances including:
	→ solvents (e.g. used for extraction, electrowinning, degreasing and painting)
	\rightarrow liquid polymers (e.g. sludge treatment)
	ightarrow degreasers
	\rightarrow paints
	→ polymeric chemicals (e.g. phenolic resins, for strata stabilisation and sealing)
	→ polyurethane foams (can liberate isocyanate vapour and mists, as well as other solvent vapours).
	Reactions between arsenic-containing substances and hydrogen in water or acids can produce arsine gas. This highly toxic gas is colourless, non-irritating and flammable.
Welding	Welding fumes and gases, including carbon monoxide.
	Metal dust.
Supplied air respirator systems	Oil mist

3.2. Air quality risk assessment

The air quality hazards identified in the risk appraisal need to be assessed to determine their risk of causing injury or ill health. This is the risk assessment, or air quality assessment.

The air quality assessment needs to be produced by a competent person (refer to section 3.5 for more information). It determines air quality in the mining operation, its likely impacts on worker health and identifies controls. It should include the:

- \rightarrow level of oxygen in natural or supplied air
- \rightarrow temperature and humidity of the air
- ightarrow types and levels of dust and other airborne contaminants likely to be in the air
- ightarrow length of exposure of workers to dust and contaminants, considering extended shifts
- \rightarrow recovery periods between shifts.



3.3. Assessing workers' exposure

Operators need to ensure that workers' exposure to airborne dust and other contaminants is assessed.

Exposure assessment must be carried out or supervised by a competent person.

The design of the assessment strategy depends on the size and type of mining operation, and the activities carried out. A good assessment requires:

- \rightarrow a robust sampling strategy
- \rightarrow appropriate measuring and monitoring
- \rightarrow appropriate interpretation of results.

Exposure needs to be compared against workplace exposure standards and biological exposure indices.

Results of exposure monitoring should be made available to workers.

Note: For coal operations, Schedule 6 of the WHSMPS Regulation outlines the minimum requirements for exposure monitoring for respirable dusts in open cut and underground mines.

3.3.1. SAMPLING STRATEGY

The sampling strategy will usually include identifying groups of workers for whom risk and exposure profiles are similar. These groups are called SEGs (similar exposure groups).

The sampling strategy needs to be developed and overseen by a competent person in consultation with relevant management groups and workers.

Choosing a representative and unbiased subsample of the SEG should be sufficient for assessing exposure and risk for the whole SEG.

The frequency of worker exposure monitoring will depend on the objectives and outcomes of the risk identification and analysis. For example, it might identify that exposure can vary from day to day, so monitoring will need to be more regular, so the variation is included in the assessment.

Monitoring should occur when:

- $\rightarrow\,$ there are any changes in processes or activities that result in, or can result in, a change to exposure
- → if it is not certain whether the airborne concentration exceeds the workplace occupational exposure limit
- \rightarrow if it is not certain whether the airborne contaminant presents a health risk.

3.3.2. STATISTICAL ANALYSIS OF SAMPLING RESULTS

Multiple samples generally allow for better understanding of the variation in exposure, and thus provide more detailed information for the risk assessment.

Where multiple samples are taken, application of appropriate statistical analysis to sampling results can be valuable in:



- → assessing confidence that the results represent the 'true' exposure profile (the profile you would see if you were to measure the exposure every shift, and you were to measure all workers in the SEG)
- \rightarrow interpreting whether exposure standards are complied with
- \rightarrow managing uncertainties in exposure assessment and health risk assessment.

Application of appropriate statistical analysis to sampling results is important to assess how closely the results represent the 'true' exposure profile and can be used to assess compliance with the exposure limit and assess risk.

Some references for samping strategies and statistical analysis are:

- → Queensland Department of Natural Resources and Mining: Recognised Standard 14: *Monitoring respirable dust in coal mines* (2017), www.dnrm.qld.gov.au/ data/assets/pdf file/0012/978879/recognised-standard-14.pdf
- → Queensland Department of Natural Resources and Mining: QGL02 Guidelines for management of respirable crystalline silica in Queensland's mineral mines and quarries www.dnrm.qld.gov.au/ data/assets/pdf file/0006/1263669/qgl02-guideline-mines-quarries.pdf
- → Grantham, D & Firth, I 2014 *Occupational hygiene monitoring and compliance strategies*, Australian Institute of Occupational Hygienists, Tullamarine.
- → Bullock, W & Ignacio, J 2015 *A strategy for assessing and managing occupational exposures*, 4th edition, American Industrial Hygiene Association.

3.4. Workplace exposure standards

Workplace exposure standards are limits and/or a concentration of a substance at which nearly all workers can be repeatedly exposed day after day without coming to harm.

Exposure standards relate to the amount of a substance that a person is exposed to during their work day. Clause 39 of the WHSMPS Regulation provides that a PCBU must ensure exposure standards for substances and mixtures are not exceeded.

3.5. Competence of exposure assessors

A competent person who has sufficient knowledge, skills and experience in the appropriate techniques and procedures, including interpretation of results, should conduct the onsite monitoring. Professional associations can be a good source for competent persons (e.g. AIOH, ACGIH, BOHS – see the references section for details).

Analysis of exposure monitoring results must be carried out by an organisation that is accredited with the National Association of Testing Authorities, Australia (NATA).

3.6. Reporting of exceedances

Exceedances to exposure standards for respirable coal and crystalline silica dust must be notified to the regulator in accordance with clause 128 of the WHSMPS Regulation.

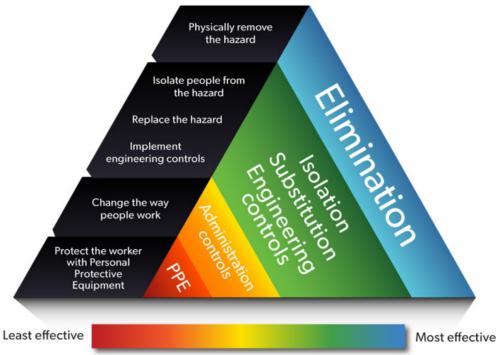


4. Control measures

4.1. Hierarchy of controls

Operators or PCBUs need to apply the hierarchy of controls set out in the WHS laws. They must try to eliminate risks so far as is reasonably practicable. If elimination is not reasonably practicable, the risk must be minimised, so far as is reasonably practicable. The hierarchy is shown in Figure 3.

Figure 3 – Hierarchy of risk controls.



Operators and other PCBUs should identify which control is critical to preventing health incidents relating to airborne contaminants at their operation. A critical control (CC) is one which is crucial to preventing an unwanted event or mitigating the consequences of that event. The absence or failure of a CC would significantly increase the risk despite the existence of the other controls.

Where reasonably practicable, the more effective control measures should be used first. More than one type of control measure at a time can be used. The control measures used should be proportionate to the risk. Control measures include equipment, processes, procedures or behaviour to minimise risk.

If elimination is not reasonably practicable, PCBUs must minimise risks so far as is reasonably practicable.

4.2. Controls for dust and airborne contaminants

The controls used for dust and other airborne contaminants depend on the type, size and nature of the operation.

This section provides examples of the types of controls that can be adopted to control dust and airborne contaminants within your operations. When selecting the appropriate controls, it is important



that the controls specifically address the airborne contaminant or dust generating source you are seeking to manage. More than one control may be needed to eliminate or reduce the risk so far as reasonably practicable.

The table below shows an example hierarchy of controls.

Hierarchy level	Control
Elimination	ightarrow electric powered plant rather than diesel
	ightarrow sealed roads
Substitution	ightarrow welding methods that generate less, or less harmful, fumes
Isolation	ightarrow enclosed cabs with filtered conditioning units
	→ designed ventilation systems (e.g. specific exhaust or return air system)
	ightarrow local exhaust ventilation (welding)
Engineering	\rightarrow dry or wet collection systems
	ightarrow wet suppression systems
	ightarrow blast design to ensure there is not excessive fragmentation
	ightarrow water cartridges in shot firing
	ightarrow use of foggers to saturate atmosphere before blast
	ightarrow wet muck piles before excavation
	ightarrow regular plant maintenance – especially worn drill bits
	ightarrow wetting roads, and consider use of dust control substances
	ightarrow enclose the plant and have dust suppression systems
	ightarrow safe welding methods
	\rightarrow exhaust
Administrative	\rightarrow increase following distances on roads
	→ established fume management zones to remove people from fume path
	ightarrow controlling excessive ventilation (which can pick up dust)
PPE	\rightarrow respiratory protective equipment



4.2.1. ROADWAY DUST

Operators should eliminate road dust generation, so far as is reasonably practicable and minimise roadway dust if it is not reasonably practicable to eliminate it. Apply water to roadways, including haul roads and underground mine roadways, to control dust generation. Water can be applied using a mobile tanker with sprays or fixed water sprays, as shown in Figure 4. Reapply water as the road surface dries out.

Figure 4: Dust suppression using a mobile tanker.



The time between reapplication can be extended by treating the road surface with:

- → salts
- \rightarrow surfactants (such as soaps and detergents)
- → soil cements
- \rightarrow bitumen / sealed surfaces
- \rightarrow polymer films.

Vehicles operating on haul roads should have enclosed cabs and be equipped with air conditioning. Make sure doors and windows are always closed when the vehicle is operational. Check cab filters on a shift basis, and replace and clean them as required.

Use longer distances between vehicles to reduce driver dust exposure. A 40-60 second gap between vehicles reduces dust concentrations in the air by more than 300% compared to a 0-20 second gap⁵.

⁵ National Institute for Occupational Safety and Health (2010). *Best Practices for Dust Control in Coal Mining*. Retrieved from: www.cdc.gov/niosh/mining/UserFiles/works/pdfs/2010-110.pdf



4.2.2. DRILLING

Operators should reduce dust generation at the source when drilling, and use enclosed cabs on drilling rigs, so far as is reasonably practicable.

There are two main types of dust suppression for drilling operations:

- \rightarrow wet dust suppression
- → dry dust collection.

Figure 5: Surface drilling.



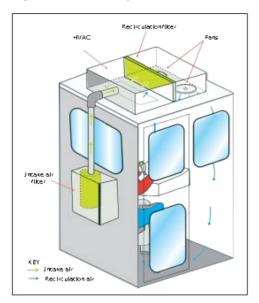
4.2.3. ENCLOSED CABS

Operators should use modern drill rigs with enclosed cabs and filtration systems, so far as is reasonably practicable. Fit enclosed cabs to older drill rigs, so far as is reasonably practicable. Operators need to ensure:

- \rightarrow there are no leaks and door seals are maintained
- \rightarrow high efficiency dust filters for intake and recirculation are used and replaced as required
- \rightarrow dust carried into cabs by operators is removed
- ightarrow doors and windows are closed during drilling and tramming
- \rightarrow filters and ventilation are regularly checked and maintained
- \rightarrow air conditioning filters are suited to the dust particle size.



Figure 6: Filtration system for an enclosed cab.



4.2.4. OTHER SOURCES OF DUST

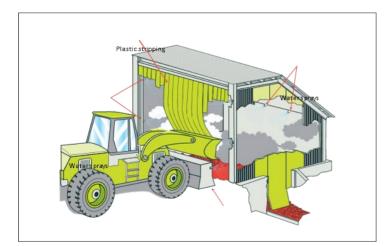
Dust can be generated when loading trucks and trailers for product haulage, and at:

- \rightarrow crusher dump hoppers
- \rightarrow crushers and screening plants
- → stockpiles.

Dust is to be controlled wherever it is generated. Make sure the PHMP covers all likely sources of dust. Water sprays and enclosures are the most effective methods of dust control. Use water sprays and curtains to control dust at hoppers and transfer points. These need to use water at approximately 1% of the weight of material being moved or processed.

Stockpiles need to be wetted regularly to control dust. Fogging systems can be very effective at controlling dust at stockpiles. Refer to Figure 7 for an example of how fogging systems in an enclosure help reduce the generation of airborne dust.

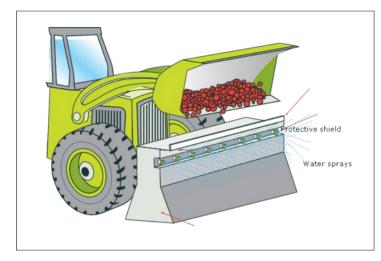
Figure 7: Example of enclosed hopper.





Use a spray bar that is incorporated into the tyre stop at stockpiles and hoppers. This will also reduce carry back on loader or truck tyres, see Figure 8 below as example.

Figure 8: Example of spray bar in a concrete tyre stop.



At crushing and screening plants:

- \rightarrow enclose transfer areas
- \rightarrow use sprays on screens and where material is placed into stockpiles
- \rightarrow use sprays on conveyors and screens, when material is dropped.

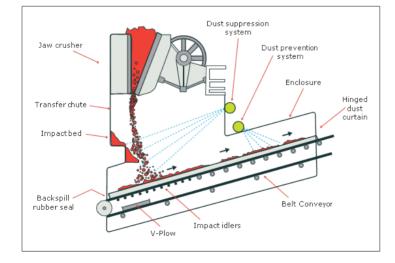


Figure 9: Example of enclosed discharge from jaw crusher with water sprays.

If the use of water is a problem for the material, or is not reasonably practicable to provide, then the use of dust extractors, cyclones, filters and load out hoppers/bins can be an effective way to control and remove dust and then deposit the collected dust back into the product stream prior to loadout.



4.3. Control for diesel engine emissions

Operators should prevent diesel emissions being generated (elimination), so far as is reasonably practicable, and control them so far as is reasonably practicable if they cannot be prevented.

Controls for diesel emissions vary depending on the type and nature of the operation and the type of plant and engines used. There is not a single control that can be used and several controls are normally used in combination. Use substitution, isolation and engineering controls first, administrative controls second, and PPE as a last resort.

Examples of controls may include:

- \rightarrow engine design
- \rightarrow fuel type
- → filtration systems (eg diesel particulate filter systems, disposable diesel exhaust filters, active diesel particulate filtration system)
- → water scrubbers
- \rightarrow operator training such as idling times
- \rightarrow maintenance.

4.4. Welding fumes

Welding fumes can either be controlled by using a safer working method which produces less (or less harmful) airborne contaminants or providing ventilation (ie local exhaust ventilation). Safer working methods need to be applied in preference to ventilation.

Safe Work Australia has published guidance on the necessary controls for different welding situations. Apply these controls, as relevant. Powered air purifying respirator (PAPR) welding helmets should be used if RPE is needed while welding. For more detailed control methods refer to Safe Work Australia's – Welding Processes – Code of Practice (see the references section of this document for details).

4.5. Hazardous substances

Many substances and fuels used in extractive operations pose a risk to workers and are controlled under the WHS laws. The steps used to control exposure to a number of gases, mists and vapours that are the result of hazardous substances are detailed in the relevant safety data sheet (SDS) for the substance (see the references section of this document for further details). SDS are documents that provide critical information about hazardous chemicals. Apply the controls specified in the applicable SDS.

4.6. Training

Training on the applicable controls must be completed by all workers involved in any activity that might have an effect on the air quality. They are to have an understanding of the:

 \rightarrow airborne contaminants that they might be exposed to or generated through their activities



- \rightarrow controls in place to eliminate or minimise the effects of airborne contaminants
- \rightarrow correct operation of equipment and mobile plant affecting airborne contaminants
- \rightarrow correct use of any PPE required to be worn during these activities
- \rightarrow monitoring arrangements and testing procedures (as appropriate)
- \rightarrow the effects of contaminants.

Standard operating procedures are to be readily available to all workers so they are fully knowledgeable about the type(s) of airborne contaminants that can be generated and the controls in place.

Workers must be provided with appropriate supervision based on their experience and qualifications.

Additional training should be provided where there are changes to air quality. Refresher training should be provided to workers as needed. Records of training should be kept.

4.7. Respiratory protection equipment (RPE)

Personal respiratory protective equipment (RPE) is a form of personal protective equipment (PPE).

RPE is the lowest order control in the hierarchy of controls and relies heavily on worker compliance and enforcement by supervision to be effective. Failure to wear suitable, correctly fitted RPE when required can result in a worker being directly exposed to hazardous airborne contaminants.

Refer to Safe Work Australia's website for more information on RPE for airborne contaminants.

Further guidance about the selection, use and maintenance of respiratory protection is also provided in AS/NZS 1715 - *Selection, use and maintenance of respiratory protective equipment*.

PCBUs should ensure that workers are trained in the use and maintenance of their respirable protection to ensure that it is effective.

Required minimum protection factor	Suitable RPE
Up to 10	P1, P2 or P3 filter half face P1 or P2 disposable facepiece PAPR (powered air supply unit) with P1 filter
Between 10-15	P2 filter in full facepiece PAPR with P2 or P3 filter Half facepiece with either air-hose or air-line flow
50-100	P3 filter in full facepiece Full facepiece with air hose
100+	PAPR – P3 filter in full facepiece Continuous flow air-line head covering respirator



5. Implementation

Once airborne hazards have been identified and the means to accurately gauge the risks to workers have been agreed upon, the risks need to be controlled.

Control measures need to eliminate or reduce (so far as reasonably practical) these risks. Selected controls need to be implemented and their effectiveness monitored and maintained. Part of this would include evaluation of results (incidents, non-conformances and of course static/personal and health monitoring) against performance standards (legislative or corporate).

For a more in-depth explanation of the imlementation requirements for a SMS (of which a PHMP is part of), see NSW Code of practice on safety management systems in mines section 4.5 (pps 35-36).

6. Performance standards and audit

As part of the SMS, a PHMP needs to continue to be effective, relevant and and compliant to the legislation. The WHSMPS Regulation sets out the requirements for the establishment, implementation, monitoring and review of the SMS in clause 13-17:

- (a) performance standards for measuring the effectiveness of all aspects of the safety management system that;
 - (i) are sufficiently detailed to show how the operator will ensure the effectiveness of the safety management system, and
 - (ii) include steps to be taken to continually improve the safety management system,
- (b) the way in which the performance standards are to be met,
- (c) a system for auditing the effectiveness of the safety management system for the mine or petroleum site against the performance standards, including the methods, frequency and results of the audit process.

6.1. Performance standards

Performance standards provide a reference comparison designed to enable mine operators to determine how effectively the planning, execution and implementation of the mine's PHMP risk management approach is, and continues to be. Airborne contaminants covered in the PHMP must be controlled to as low as reasonably practicable and where there is an exposure standard it must not be exceeded. These are essentially a performance standard which pertain to personal exposure monitoring and health monitoring of workers.

Mine operators are also able to chose a performance standard more stringent should they wish. For example, an operator may choose to have their triggered action response level at 50% of the occupational exposure limits (OEL).

6.2. Use of trigger action response plans



Trigger action response plans (TARPs) summarise the overall monitoring arrangements and include planned actions ready to implement when certain trigger points are detected by monitoring. However, TARPs should be put in place only after a risk assessment has verified the selection of the most effective control measures.

Use TARPs to specify the actions to be taken when changes in air quality happen, including but not limited to, when:

- → variations from normal occur
- \rightarrow results of gas or dust monitors indicate changes
- ightarrow engine exhaust sampling is outside of the expected levels
- \rightarrow weather events create excessive dust.

For example, if a gas monitor detects a sudden rise in the level of carbon monoxide over a specified level, the TARP requires evacuation.

6.3. Auditing the PHMP

Audits of the PHMP should be undertaken by competent people on a regular basis. Operators should consider both internal and external audit programs.

Audits need to examine the adequacy, implementation and compliance with the PHMP. The areas that may be audited include:

- \rightarrow hazard identification and risk assessment for airborne dust generation at the operations
- \rightarrow compliance with occupational exposure limits and biological indices
- \rightarrow results of personal exposure monitoring
- → results of health monitoring
- \rightarrow quality and supply of consumables.

The final audit report needs to include the findings of the audit, recommendations and the actions that will be taken to correct the issues raised. The person(s) responsible for implementing the corrections should be stated in the audit report.

Records of the audit of the PHMP must be kept in accordance with the safety management system.

Records should be made available to the regulator and worker representatives.

7. Review

7.1. Reviewing the PHMP

The operator must review the PHMP at least once every three years (clause 17 of the WHSMPS Regulation) or after an incident or other circumstance as outlined in clause 10 of the WHSMPS Regulation. The review determines whether the controls continue to be suitable, consistent with current good practice and effective in managing the risks associated with air quality.

The PHMP must also be reviewed, and as necessary, revised after:



- \rightarrow an incident involving air quality at the mining operation
- \rightarrow the occurrence of any event specified in the PHMP as requiring a review of the PHMP
- → each audit, if any non-conformances are identified
- \rightarrow if exposure monitoring indicates that the controls are not effective
- \rightarrow if there is a significant change to mining methodology
- → exceedance of exposure standards for respirable coal and crystalline silica dust (clauses 10 and 128 WHSMPS Regulation
- → if requested by a health and safety representative for workers at the workplace if they believe it affects or may affect the health and safety of a member of the work group (clause 38(4) of the WHS Regulation).

When reviewing the PHMP also review the risk assessment used and referred to within it. There could be new risks for which controls are needed, or existing risks that have changed meaning controls may need changing.

During the review, the operator needs to consider any other relevant information gathered during:

- \rightarrow routine risk appraisals and assessments
- \rightarrow monitoring and results of inspections by the mine operator or the NSW Resources Regulator
- → review of TARPs
- → incidents or near misses
- → feedback from workers, industry health and safety representatives or other health and safety representatives.

The PHMP and supporting documents might need to be revised and re-issued after the review. Make sure that workers are informed about any updated documents and train or re-train them where required. New employees will need to be inducted and trained in the risks and controls implemented by the operator.

The mine operator must keep records relating to the review and revision of the PHMP for the last seven years (clause 58 WHSMPS Regulation). Records about the review must be provided, on request, to an inspector or a health and safety representative.



8. Appendices

Appendix 8.1 Definition of terms

Term	Definition	
aftercooling	Cooling intake air prior to induction into the combustion chamber to increase power and reduce the emission of oxides of nitrogen.	
after-treatment devices	Devices such as filters that remove constituents of diesel exhaust as they leave the equipment.	
ANFO	An explosive material consisting of ammonium nitrate and fuel oil.	
BEI	Guidance values for assessing biological monitoring results.	
(biological exposure index)	It indicates a concentration below which nearly all workers should not experience adverse health effects from exposure to a particular substance.	
competent person	A person who has the knowledge, relevant experience and skill to carry out a particular task. Skills and knowledge may be acquired through training, qualification, or experience, or a combination of these.	
diamond drilling	Cutting rock by means of a rotary hollow drill with diamond tips that is used to obtain core samples of the rock/ ore.	
diesel particulate particulate matter (DPM) is a component of diesel exhaust emission includes soot particles made up primarily of carbon, ash, metallic abrasion sulfates and silicates.		
	Diesel soot particles have a solid core consisting of elemental carbon, with other substances attached to the surface, including organic carbon compounds known as aromatic hydrocarbons.	
operator	A PCBU nominated under the Work Health and Safety (Mines and Petroleum Sites) Act 2013 to be the operator of the mine or petroleum site. Operators include coal mines, metal mines, quarries and petroleum sites.	
elemental carbon	Elemental carbon is sometimes used as a surrogate measure for DPM. It is composed of graphitic carbon, as opposed to organic carbon, and usually accounts for 40 to 60 percent of the DPM by mass.	
exhaust back pressure	Buildup of pressure against the engine created by the resistance of the exhaust flow passing through the exhaust system components.	
fuel-to-air ratio	The ratio of the amount of fuel to the amount of air introduced into the diesel combustion chamber.	
health and safety representative (HSR)	A health and safety representative (HSR) in relation to a worker, means the health and safety representative elected under Part 5 for the work group of which the worker is a member (WHS Act).	
HVAC system	Heating, ventilation and air conditioning system.	
mesothelium	A membrane that forms the lining of several body cavities.	
mining operation	Has the meaning given in WHS (M&P) Act, Part 1, Clause 7	



Term	Definition	
mine operator	Has the meaning given in WHS (M&P) Act, Part 1, Clause 7A	
NOx	Oxides of nitrogen. Generated as a fume from blasting activities. Also generated by diesel exhaust fumes.	
OEM	Original equipment manufacturer.	
ore	A mineral deposit that is mined in metalliferous mining operations.	
organic carbon	Non-graphitic soluble organic carbon material associated with DPM.	
oxygenates	Fuel additives which contain a substantial fraction of oxygen by weight (e.g. ethanol, methanol, and methyl soyate).	
person conducting a business or undertaking (PCBU)	A person conducting a business or undertaking. This is a broad term used in the work health and safety laws for individuals, businesses or organisations that are conducting business or not for profit entities involved in work.	
principal control plan (PCP)	A plan required under WHSMPS Regulation clause 26 to control hazards.	
principal hazard	Any activity, process, procedure, plant, structure, substance, situation or other circumstance relating to the carrying out of:	
	(a) mining operations that have a reasonable potential to result in multiple deaths in a single incident or a series of recurring incidents in relation to any of the following:	
	(i) ground or strata failure	
	(ii) inundation or inrush of any substance	
	(iii) mine shafts and winding systems	
	(iv) gas outbursts	
	(v) spontaneous combustion	
	(vi) subsidence	
	(vii) roads or other vehicle operating areas	
	(viii) air quality or dust or other airborne contaminants	
	(ix) fire or explosion	
	(x) a hazard identified by the mine operator under clause 34 of the WHS Regulations, or	
	(b) petroleum operations that have a reasonable potential to result in multiple deaths in a single incident or a series of recurring incidents in relation to any of the following:	
	(i) roads or other vehicle operating areas	
	(ii) air quality or dust or other airborne contaminants	
	(iii) fire or explosion	
	(iv) a hazard identified by the petroleum site operator under clause 34 of the WHS Regulations (WHSMPS Regulation cl 5).	
principal hazard	A plan required under WHSMPS Regulation clause 24 to manage a principal hazard.	



Term	Definition	
management plan (PHMP)		
regeneration	Process of oxidizing DPM collected on a diesel exhaust particulate filter to remove it. This process cleans the filter and reduces back pressure to acceptable limits.	
rib	The sides of a roadway typically associated with coal mines.	
roadways	The formed underground excavations, that once supported provide access for people, equipment or services through them. Roadways can be a simple excavation forming one roadway or multiple excavations forming a network of roadways in an underground environment.	
standard operating procedures (SOPs)	Documented standard operating procedures for installation, maintenance, removal and quality control.	
TARPs	TARPs specify the actions to be taken when changes occur. For example, if a gas monitor detects a sudden rise in the level of carbon monoxide over a specified level, the TARP requires evacuation.	
tramming	Travelling	
top hammer drilling	Drilling of rock by means of percussion and rotation provided by a drill passing percussive action down the drill steel.	
total carbon	Refers to the sum of the elemental and organic carbon associated with the diesel particulate matter and accounts for about 80-85 percent of the DPM mass.	
tri-cone drilling bit	A rotary cutting bit usually associated with hole diameters larger than 150 mm.	
turbocharge	Process of increasing the mass of intake air by pressurisation to the engine which allows more fuel to be burned and results in increasing the engine's power output.	
volatility	Measure of the ability of a fuel to vaporise.	
welding fumes	Metal and fluxing fumes made up of toxic gases and very fine particles, produced from welding and hot cutting.	
workplace occupational exposure standard or exposure limit for airborne contamInants	Workplace exposure standards for airborne contaminants are a value that refers to the airborne concentration of substances, at which it is believed that nearly all workers can be repeatedly exposed to day after day without coming to harm. (See appendix 8.4 of this document for an excerpt from Safe Work Australia's list of exposure standards).	



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Appendix 8.2 Acronyms

Australian Standard (produced by Standards Australia)	
Australian and New Zealand Standard	
International Standard (produced by International Organisation for Standardisation)	
Naturally occuring asbestos	
Original equipment manufacturer	
Person conducting a business or undertaking	
Principal control plan	
Principal hazard management plan	
Personal protective equipment	
Respiratory protective equipment	
Similar exposure group	
Safety management system	
Trigger action response plan	



Appendix 8.3 Information to consider for inclusion in the PHMP

Information	Examples
Site characterisation	 → material being mined → extraction rates → background air quality
Mining methods	\rightarrow blasting \rightarrow drilling
Weather conditions and changes	 → wind speed and direction → rain → temperature → pressure
Equipment used	 → mobile plant → light vehicles → fixed plant, including - crushers - screens - conveyors - drills - compressors
Hours of operation	ightarrow shift lengths and time weighted average exposure limits
Mine design	 → ventilation systems → roads and other vehicle operation areas → location and size of stockpiles
Air quality monitoring	 → frequency of measurements → instrumentation used
Worker exposure	→ regulatory standards and exposure limits, as well as site-specific criteria
Controls	 → effectiveness of existing controls → new controls
Number of workers exposed	 → worker duration → worker activity [similar exposure groups (SEGs)] → number of workers exposed



Appendix 8.4 Sampling methods

A person carrying out air sampling and analysis of airborne contaminants is to use the appropriate method. Some accepted examples are outlined below.

Airborne contaminant	Sampling method	Reference
Respirable dusts including coal dust and crystalline silica	AS 2985	AS 2985 Workplace atmospheres – Method for sampling and gravimetric determination of respirable dust.
Inhalable dusts including (most) metals	AS 3640	AS 3640 Workplace atmospheres – Method for sampling and gravimetric determination of inhalable dust.
Diesel particulate matter	NIOSH 5040	US National Institute of Occupational Safety and Health Manual of Analytical Methods 4th Edition Method 5040.
Asbestos	Safe Work Australia NOHSC:3003(2005)	Guidance note on the membrane filter method for estimating airborne asbestos fibres 2nd edition [nohsc:3003(2005)].
Synthetic mineral fibres	Use the methods set out in AS 3640 to measure the inhalable fraction. Suitable methods for measuring the respirable fraction are set out in the Australian SMF membrane filter method (NOHSC 1989b), or the asbestos methods in NOHSC 3003 and NIOSH 7400.	Guidance note on the membrane filter method for estimating airborne asbestos fibres 2nd edition [nohsc:3003(2005)].
Gases, vapours, mists	Apply AS/NZS 60079 and BS EN 45544-4 as appropriate. Direct-reading gas meters (e.g. electrochemical cells), or tubes and filter samples requiring laboratory analysis can be used to measure levels of gases, vapours and mists. Direct reading instruments are not available or practical to use for some gases, vapours and mists. Use appropriate standards to measure these, such as NIOSH, OSHA and HSE sampling and analytical methods.	AS/NZS 60079 Explosive atmospheres – Gas detectors – Selection, installation, use and maintenance of detectors for flammable gases and oxygen. BS EN 45544-4 Workplace atmosphere: Electrical apparatus used for the direct detection and direct concentration measurement of toxic gases and vapours. Guide for selection, installation, use and maintenance.
Welding fumes and gases	Apply AS 3853.1 and AS 3853.2 as appropriate.	AS 3853.1 Health and Safety in Welding and Allied Processes – Sampling of airborne particles and



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Airborne contaminant	Sampling method	Reference
		gases in the operator's breathing zone – sampling of airborne particles. AS 3853.2 Health and Safety in Welding and Allied Processes – Sampling of airborne particles and gases in the operator's breathing zone – sampling of gases. ISO 10882-1 Health and safety in welding and allied processes – Sampling of airborne particles and gases in the operator's breathing zone – Sampling of airborne particles. ISO 10882-2 Health and safety in welding and allied processes – Sampling of airborne particles.
lsocyantes	Follow the OSHA method 42/47 for di-isocyanates or MDHS method 25/4 for organic isocyanates in air.	United States Department of Labour. Sampling and analytical methods number 42 – Diisocyanates. Health and Safety Executive. MDHS 25/4 Organic Isocyanates in Air method.



9. References

STANDARDS

www.infostore.saiglobal.com/en-au; www.iso.org/standards.html

Reference number	Title	
AS 2985	Workplace atmospheres - Method for sampling and gravimetric determination of respirable dust.	
AS 3640	Workplace atmospheres - Method for sampling and gravimetric determination of inhalable dust.	
AS 3853.1	Health and Safety in Welding and Allied Processes – Sampling of airborne particles and gases in the operator's breathing zone – sampling of airborne particles.	
AS 3853.2	Health and Safety in Welding and Allied Processes – Sampling of airborne particles and gases in the operator's breathing zone – sampling of gases.	
AS 4024.1201	Safety of machinery General principles for design - Risk assessment and risk reduction	
AS 4024.1302	Safety of machinery Risk assessment - Reduction of risks to health from hazardous substances emitted by machinery - Principles and specifications for machinery manufacturers	
AS/NZS1715	Selection, use and maintenance of respiratory protective equipment	
AS/NZS1716	Respiratory protective devices	
AS/NZS 60079	Explosive atmospheres – Gas detectors – Selection, installation, use and maintenance of detectors for flammable gases and oxygen	
EN 45544-4	Workplace Atmospheres - Electrical Apparatus Used for the Direct Detection and Direct Concentration Measurement of Toxic Gases and Vapours - Part 4 - Guide for Selection, Installation, Use and Maintenance	
ISO 10882-1	Health and safety in welding and allied processes – Sampling of airborne particles and gases in the operator's breathing zone – Sampling of airborne particles	
ISO 10882-2	Health and safety in welding and allied processes – Sampling of airborne particles and gases in the operator's breathing zone – Sampling of gases.	
ISO/IEC 17025:20017	General requirements for the competence of testing and calibration laboratories	
SA/SNZ-HB 89	Risk management - Guidelines on risk assessment techniques	

WHS LAWS

Title	Link
Work Health and Safety Act 2011	www.legislation.nsw.gov.au/#/view/act/2011/10/full
Work Health and Safety (Mines and Petroleum Sites) Act 2013	www.legislation.nsw.gov.au/#/view/act/2013/54/full
Work Health and Safety Regulation 2017	www.legislation.nsw.gov.au/#/view/regulation/2017/404/full
Work Health and Safety (Mines and Petroleum Sites) Regulation 2014	www.legislation.nsw.gov.au/#/view/regulation/2014/799/full



RESOURCES REGULATOR

Туре	Title	Link
Code of practice	Safety management systems in mines	www.resourcesandenergy.nsw.gov.au/ data/assets/pdf_file/00 08/543941/NSW-code-of-practice-Safety-managment-systems- in-mines.pdf
Fact sheet	Airborne Contaminants Fact Sheet	www.resourcesandenergy.nsw.gov.au/ data/assets/pdf_file/00 06/683628/airborne-contaminants-TAPs-fact-sheet.pdf
Fact sheet	Focus on: Atmospheric contaminants causing respiratory illness (NSW Mine Safety)	www.resourcesandenergy.nsw.gov.au/ data/assets/pdf_file/00 10/463609/Focus-On-Atmospheric-Contaminant-110613.pdf
MDG	MDG 29 – Guideline for the management of diesel engine pollutants in underground environments	www.resourcesandenergy.nsw.gov.au/ data/assets/pdf_file/00 11/419465/MDG-29.pdf
Guidance	Dust safety within the metals and extractives industries	www.resourcesandgeoscience.nsw.gov.au/data/assets/pdf_fil e/0009/825930/Dust-Safety-Info-Booklet-webVersion.pdf

SAFE WORK AUSTRALIA

Туре	Title	Link
Code of practice	Welding processes	www.safeworkaustralia.gov.au/doc/model-code-practice- welding-processes
Exposure Standards	Workplace Exposure Standards or limits for Airborne Contaminants (WESFAC)	www.safeworkaustralia.gov.au/doc/workplace-exposure- standards-airborne-contaminants
Guidance	Hazardous chemicals requiring health monitoring	www.safeworkaustralia.gov.au/doc/hazardous-chemicals- requiring-health-monitoring
Guidance	Health monitoring for exposure to hazardous chemicals – guide for medical practitioners	www.safeworkaustralia.gov.au/doc/health-monitoring-exposure- hazardous-chemicals-guide-medical-practitioners
Guidance	Health monitoring for exposure to hazardous chemicals – guide for workers	www.safeworkaustralia.gov.au/doc/health-monitoring-exposure- hazardous-chemicals-guide-workers
Guidance	Health monitoring for exposure to hazardous chemicals – guide for persons conducting a business or undertaking	www.safeworkaustralia.gov.au/system/files/documents/1702/gui de-pcbu-health-monitoring-exposure-hazardous-chemicals.pdf
Guidance	Guidance on the Interpretation of Workplace Exposure Standards for Airborne Contaminants	www.safeworkaustralia.gov.au/doc/guidance-interpretation- workplace-exposure-standards-airborne-contaminants



Туре	Title	Link
Safety data sheets	Various	www.safeworkaustralia.gov.au/sds

SAFEWORK NSW

Туре	Title	Link
Code of practice	How to manage and control asbestos in the workplace.	www.safework.nsw.gov.au/ data/assets/pdf_file/0014/50081/how- to-manage-control-asbestos-workplace-code-of-practice-0916.pdf
Code of practice	Work health and safety consultation co-operation and coordination	www.safework.nsw.gov.au/data/assets/pdf_file/0013/50071/whs- consultation-cooperation-coordination-code-of-practice-3568.pdf

GUIDANCE DOCUMENTS

The following documents were used and adapted in the formulation of this document through the Mine Safety Advisory Council's sub committee, the Health Management Advisory Committee.:

- → Safe Work New Zealand Approved code of practice: Air Quality in the Extractives Industry (2016) <u>www.worksafe.govt.nz/topic-and-industry/extractives/guidance-position-statements/airguality-extractives-industry/</u>
- → Queensland Department of Natural Resources and Mining: Recognised Standard 14: Monitoring Respirable dust in coal mines (2017) www.dnrm.qld.gov.au/ data/assets/pdf file/0012/978879/recognised-standard-14.pdf
- → Queensland Department of Natural Resources and Mining: QGL02 Guidelines for management of respirable crystalline silica in Queensland's mineral mines and quarries <u>https://www.dnrm.qld.gov.au/ data/assets/pdf file/0006/1263669/qgl02-guideline-minesquarries.pdf</u>
- → Australian Institute of Occupational Hygienists (AIOH) Adjustment of workplace exposure standards for extended work shifts position paper 2016 <u>https://www.aioh.org.au/static/uploads/files/adjustment-of-workplace-exposure-standards-forextended-work-shifts-wfvuzaencbed.pdf</u>



FURTHER INFORMATION

Name	Details	Link
Coal Services	Fact sheet - Prevention of pneumoconiosis in NSW (Coal Services)	www.coalservices.com.au/wp- content/uploads/2017/03/Prevention-of-Pneumoconiosis-in- NSW-information-for-workers-February-1-1.pdf
	Booklet - Protecting against airborne dust exposure in coal mines (Coal Services) -	www.coalservices.com.au/wp-content/uploads/2016/12/NEW- CS-Dust-Booklet_Final-artwork-1.pdf
AIOH	Australian Institute of Occupational Hygienists	www.aioh.org.au/
	Position Paper: Dusts not otherwise specified (dust NOS) and occupational health issues	www.aioh.org.au/documents/item/16
ACGIH	Association Advancing Occupational and Environmental Health	www.acgih.org/
BOSH	British Occupational Hygiene Society	www.bohs.org/
NIOSH	National Institute of Occupational Safety and Health	www.cdc.gov/niosh/index.htm
	Best Practices for Dust Control in Coal Mining	www.cdc.gov/niosh/mining/UserFiles/works/pdfs/2010-110.pdf
	Best Practices for Dust Control in Metal/Non-metal Mining	www.cdc.gov/niosh/mining/works/coversheet192.html
	Mining topic: respirable dust	www.cdc.gov/niosh/mining/topics/RespirableDust.html
MSHA	Mine Safety and Health Administration - Handbook Series	www.arlweb.msha.gov/readroom/handbook/handbook.html
US EPA	US Environmental Protection Agency - Emissions standards	www.epa.gov/emission-standards-reference-guide
QLD Government	Regulation - Mining and Quarrying Safety and Health Regulation (MQSHR)	www.legislation.qld.gov.au/view/pdf/2017-09-01/sl-2017-0166
	Coal worker's pneumoconiosis (QLD Department of Natural Resources and Mines)	www.business.qld.gov.au/industries/mining-energy- water/resources/safety-health/mining/medicals/pneumoconiosis
WA Government	Guidance - Dust and other airborne contaminants	www.dmp.wa.gov.au/Safety/Guidance-about-dusts-and-other- 6856.aspx

